## Restology Offer Hazel's Relaxation Therapy

Hazel from Hazel's Relaxation Therapy is keen to support local carers as well as the wider clients Carers Plus Yorkshire supports. As a carer herself, Hazel is aware how a caring role can affect our mental and physical wellbeing and just how important it is to look after ourselves.

- Hazel has offered 25% off a first initial relaxation treatment.
- Then a further 15% off all further treatments there after!
- To gain these concessions please contact Hazel directly and take along your Restology card!
- For further details about the range of treatments available or to gain the concession please clink the icon to find out more or speak to a member of the Carers Plus team.





